

[This question paper contains 2 printed pages.]

Your Roll No.....

**Sr. No. of Question Paper : 7564**

Unique Paper Code : 61018314

Name of the Paper : (GEC-3.3) – Life Skills  
Education

Name of the Course : **B.VOC. (CBCS) 2023**

Semester : III

Duration : 3 Hours

Maximum Marks : 75

**Instructions for Candidates**

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt **any five** questions.
3. **All** questions carry equal marks.

1. "Time management is a skill that can be learned and perfected." Elaborate this statement.

P.T.O.

2. To succeed in life, it is important to convert our negative emotions and thoughts into opportunities for learning and growth. Illustrate with examples.
3. Communication can be more effective by employing different components of the skill of communication appropriately. Discuss
4. "Development of empathy can help lay groundwork for the growth of other positive traits, including skill in reasoning and communication, inter-personal skills, etc." Substantiate this statement.
5. What are the evaluation tools used in evaluating a life skill education programme?
6. Problem Solving requires critical thinking. Write the important steps involved to critical thinking.