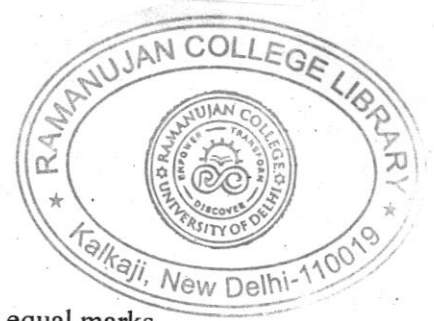


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Sl. No. of Question Paper: 1755
Unique Paper Code : 12113401
Name of the Paper : Counselling Psychology (LOCF)
Name of the Course : BA (H) Applied Psychology
Semester : IV
Duration : 3 Hours
Max Marks : 75



Instructions for candidates: Attempt all Five questions. All questions carry equal marks.

1. Explain the features and goals of Counselling Psychology. Discuss the current trends in counseling. (10+5)

OR

Discuss the historical landmark in the growth of counselling psychology. Comment on the status of counseling in India. (10 + 5)

2. Describe the Rogerian approach to counselling. How it is different from the Psychoanalytic approach. (10+5)

OR

Discuss the core concepts and therapeutic techniques of Cognitive Behavior Therapy. Compare the therapeutic modalities of Beck and Ellis. (10+5)

3. Discuss the tenets and the process of Solution focused brief therapy. (15)

OR

Explain in detail the counseling approach of Brief Psychodynamic Therapy. Outline its strengths and weaknesses. (10+ 5)

4. Elucidate the features and application of grief and trauma counseling. (15)

OR

Explain in detail the meaning, features, and goals of school counseling. What is the role of the school counsellor? (10+5)

5. Write short notes on **any two** of the following (7.5, 7.5)

- Ethics in counseling.
- Counseling for LGBTQ
- Difference between counseling and psychotherapy
- Techniques of Narrative therapy