

4000

2

1. Explain the similarities and differences between the terms counselling and psychotherapy. Elucidate the various ethical considerations to be taken care of during the process of counselling. (7+8)

OR

Highlight the importance of personal and professional aspects of a counsellor. Cite the historical development of counselling as a profession. (5+10)

2. Critically evaluate Aron Beck's Cognitive Approach to counselling. (15)

OR

What was Carl Roger's view of human nature? Discuss the therapeutic process with reference to Person Centered Approach to counselling. (15)

4000

3

3. Critically discuss the Expressive Arts Approach to counselling with emphasis on few of its applications. (15)

OR

How does a Solution Focused Approach help the clients to overcome their chief concerns in life? (15)

4. Discuss the importance of Career Counselling. Discuss its key applications in real life. (5+10)

OR

Elucidate the application of counselling to grief and trauma setting. (15)

5. Write short notes on **any two** of the following :

(a) Goals of Counseling

P.T.O.

4000

4

(b) Status of Counselling in India

(c) School Counselling

(d) REBT

[This question paper contains 4 printed pages.]

Your Roll No.....

Sr. No. of Question Paper : 4000

E

Unique Paper Code : 12113401

Name of the Paper : Counseling Psychology
(LOCF)

Name of the Course : **B.A. (Hons.) Applied
Psychology**

Semester : IV

Duration : 3 Hours Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.
2. Attempt **All** Questions.

(500)

P.T.O.