[This question paper contains 2 printed pages.]

Your Roll No.....

Sr. No. of Question Paper: 8311

Unique Paper Code : 61018314

Name of the Paper : (GEC-3.3)-Life Skills Education

Name of the Course : B. VOC. (CBCS)

Semester : III

Duration : 3 Hours

Maximum Marks : 75

Instructions for Candidates

1. Write your Roll No. on the top immediately on receipt of this question paper.

- 2. Attempt any five questions in all.
- 3. Every questions has equal marks. (15x5=75)
- 1. (a) Define the term Life Skills Education.
 - (b) Define Problem Solving.
 - (c) Difference between Sympathy and Empathy.
- Explain the two methods that are commonly used in organizing life skills program.
 P.T.O.

- 3. Discuss in details about the role of Intelligence and Creativity in the life skills education.
- 4. Write the definition of Adolescents and Youth and explain in details about role of youth in Nation development.
- 5. Explain briefly about all core life skills.
- 6. What are the three main steps in adaptation of a life skills programme development?
- 7. Define (any two)
 - (i) Self- Awareness
 - (ii) Coping with stress
 - (iii) Decision Making.